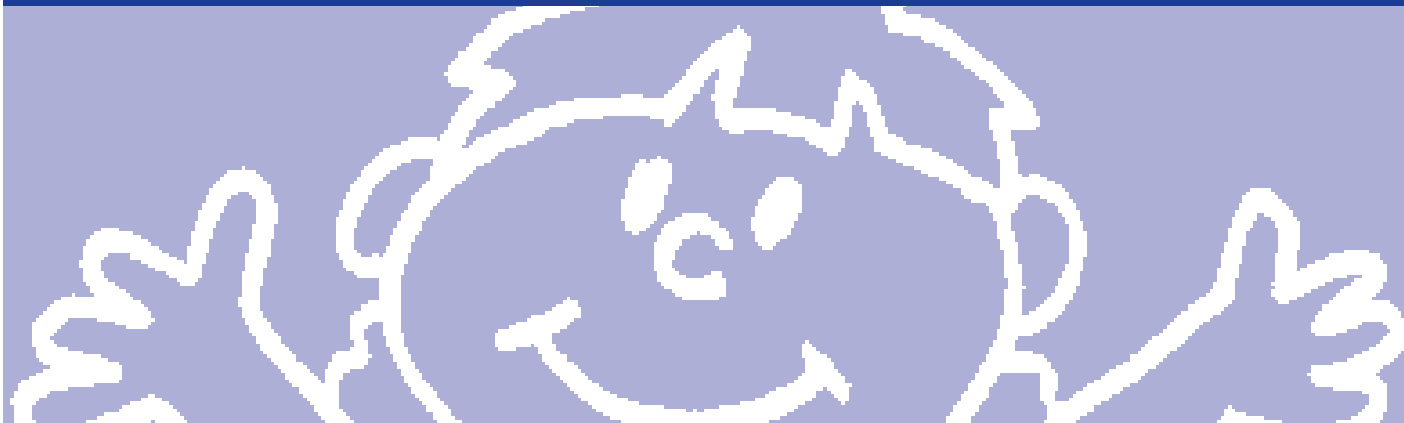


Children First: Safe and Secure



Section II—Kid's Corner

My Safety Plan

- ◆ I will always check first with my parents or the person in charge before I go anywhere or get into a car, even with someone I know.
- ◆ I will talk to my parents about how and when I should answer the telephone.
- ◆ I will never tell the caller I am home alone.
- ◆ I will never touch a weapon, no matter where I find it.
- ◆ I will never give personal information such as my name or address over the telephone or Internet without my parent's permission.
- ◆ I will never agree to meet with someone I have met online without first checking with my parents.
- ◆ If there is danger in my house and I have to run without my family, I will go _____, if I can't go there, I will go to _____.
- ◆ Safe places within my own home are _____.
- ◆ I will do what I can to keep my brothers and sisters safe, too.
- ◆ I will have a special code word with my family to keep us safe.
- ◆ My family should have an escape route in case of an emergency. An emergency or dangerous situation when we would need an escape route would be _____.
- ◆ I will practice my escape route with my family and will practice regularly.
- ◆ If I feel angry, sad, upset or scared about fighting at home, I know I can talk to _____.
- ◆ If I have to leave my house in a hurry, I will bring _____ if possible.

- ◆ No one should ask me to keep a secret that makes me feel bad.
- ◆ Sometimes people touch our bodies in a confusing way that make us feel uncomfortable. If someone touches my body in a way that hurts me or makes me uncomfortable, I will tell a trusted adult.
- ◆ I'm a special person and I deserve to be safe.
- ◆ Abuse is never my fault.

Signed

Child

Parent

A Note to parents and caregivers:

Please take a moment to discuss safety with your child. This safety plan is a guide to help you as you review ways to keep your child out of harms way. Please help your child(ren) fill in the blanks.