

Date:

**Subject: Notice concerning Hepatitis A**

Dear Parent or Guardian:

Someone in our child care facility has been diagnosed with **Hepatitis A**.

The symptoms are flu like. They may include nausea, vomiting, fever, and cramps. The ill person may also have fatigue, dark urine, light colored stools, and yellow skin and eyes. Small children often have mild or no symptoms. A child will be contagious even though the symptoms are mild.

It is spread through the stool of an infected person. **The most important way to prevent the spread of this illness is through careful hand washing by everyone. This includes children.** Hands must be washed after using the restroom and changing diapers. Hands must also be washed before preparing food and before eating.

If your child or other family members develop the symptoms of Hepatitis A keep them home. Please notify your health care provider, your local health department and us. Also, tell them about this letter.

All infected persons must be excluded from the child care facility until 1 week after onset of symptoms.

Sincerely,



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