

Date:

**Subject: Notice about Fifth Disease**

Dear Parent or Guardian:

Someone in our child care has **fifth disease or “slapped cheek” disease**. This is a viral infection. Anyone can be infected, but the disease seems to occur more often in school age children. One to two weeks after contact with the sick person, some children will have a low-grade fever and feel tired. By the third week, a red rash usually appears on the face giving a slapped cheek look. The rash may spread to the body and may fade and come back again. The rash may be lacy and itchy.

Fifth disease is spread by coming contact with a sick person. It is easiest to catch the disease before the rash appears. The most important way to prevent the spread of this illness is by careful hand washing.

Please let us know if your child gets fifth disease. You do not have to keep him or her at home unless fever is present. You may want to consult your health care provider if you are pregnant or if you have children with weak immune systems or blood disorders.

Sincerely,



e-mail: [daycare@happyheartchildcarecenter.com](mailto:daycare@happyheartchildcarecenter.com)  
<http://www.happyheartchildcarecenter.com>  
cell: (254)462-4600 home: (254) 519-2621